

## Emergencies

In case of an emergency, you should know the most important telephone numbers.

### Available around the clock:

Police emergency call for immediate assistance on site	117
Medical emergencies	144
Fire brigade	118
REGA Rescue Helicopter	1414
Children's Emergency Practice - Children's Hospital of Eastern Switzerland	0900 144 100 (CHF 1.92/min)
Emergency dental service	0844 144 001
Poisoning emergency	145
Emergency aid after sexual violence	071 494 94 94
Women's shelter St.Gallen (for women and their children)	071 250 03 45
Child and Youth Emergency Call	0800 43 77 77
Emergency shelter NUK for children and adolescents (6-17 years)	071 525 00 05

## Emergency medical service (24/7)

If the GP's office is not available, contact the emergency doctor:

<b>Children's emergency</b>	<b>0900 144 100</b>
Entire Canton of St.Gallen	<b>(CHF 2.90 / min.)</b>

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<b>Sarganserland</b>	<b>0800 740 743</b>
Pfäfers, Vadura, Vättis, Vasön, Valens, bad Ragaz, Vilters, Wangs, Mels (with Heiligkreuz, Plons, Weisstannental), Sargans	

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<b>Werdenberg</b>	<b>0800 740 742</b>
Azmoos, Buchs, Fontnas, Frümisen, Gams, Grabs, Gretschins, Haag, Malans, Oberschan, Räfis, Rans, Salez, Sax, Sennwald, Sevelen, Trübbach, Weite, Werdenberg	

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<b>Upper Rhine Valley</b>	<b>0900 144 441</b>
Rüthi, Oberriet, Ecihberg, Hlnterforst, Kriessern, Montlingen, Altstätten, Lüchingen, Marbach, Rebstein	

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<b>Lower Rhine Valley</b> Balgach, Heerbrugg, Berneck, Widnau, Diepoldsau, Berneck, Au, St.Margrethen	<b>0900 144 441</b>
<b>Rheineck</b> Rheineck, Thal, Altenrhein, Eggersriet, Appenzell, Vorderland, Oberegg	<b>0844 55 00 55</b>
<b>Rorschach</b> Rorschach, Rorschacherberg, Goldach, Untereggen, Tübach, Möschwil, Steinach	<b>0900 144 144</b> <b>(CHF 2.80 / min.)</b>
<b>City of St.Gallen, Wittenbach, Engelbrug, Abtwil</b>	<b>0900 144 144</b> <b>(CHF 2.80 / min.)</b>
<b>Gossau, Andwil, Arnegg, Waldkirch, Bernhardzell</b>	<b>0900 144 144</b> <b>(CHF 2.80 / min.)</b>
<b>Flawil, Degersheim</b>	<b>071 914 61 11</b>
<b>Uzwil, Nieder-Oberuzwil, Niederwil, Niederstetten, Oberbüren</b>	<b>071 914 61 11</b>
<b>Wil and surroundings</b> Wil, Bazenheid, Braunau, Bronschhofen, Busswil, Dietschwil, Gähwil, Hosenruck, Kirchberg, Müselbach, Rickenbach, Rossrüti, Schalkhausen, Schwarzenbach, Wilen, Wuppenau, Züberwangen, Zuzwil	<b>071 914 61 11</b>
<b>Linth area 1: Rapperswil Jona</b>	<b>0848 144 111</b>
<b>Linth area 2:</b> Kaltbrunn, Benken, Uznach, Schmerikon, Eschenbach, Goldingen, St.Gallenkappel, Emetschwil, Gommiswald, Rieden, Schänis, Weesen, Amden	<b>0848 144 222</b>
<b>Toggenburg</b> Ebnat-Kappel, Krummenau, Nesslau, Stein, old and new St.Johann, Unterwasser, Wildhaus, Lütisburg Station, Mosnang, Bütschwil, Libiingen, Lichtensteig, Wattwil, Krinau, Ricken incl. Neckertal, Oberhelfenschwil, Mogelsberg, Brunnadem, Schönggrund, St.Peterzell, Hemberg	<b>071 987 33 00</b>

#### Available during office hours:

Helpline / Offered Hand	143
Telephone for children and adolescents	147
HEKS/EPER advice against racism and discrimination	071 544 93 85
Drug counseling / addiction support	071 245 05 45
Victim Support Canton SG (for women and men)	071 227 11 00

Child Protection Centre Counselling

071 243 78 02

Energetic - Parents' hotline

071 243 78 78

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