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# **Understanding**

When you talk to professionals about your health, it is very important that communication works. If your own language skills are not good enough, an intercultural interpreter will help you.

Intercultural interpreters translate the content of a conversation with a specialist orally for you. As a result, there are fewer misunderstandings. Especially when it comes to health, a professional translation is important.

Only in exceptional cases should relatives or acquaintances be translated.

Many hospitals, schools and social institutions offer free intercultural interpreting.

#### Finding help



#### Find an interpreter

Seek professional help with interpreting



## National Telephone Interpreting Service

Telephone interpreting team of AOZ Medios: Tel. 0842 442 442 / costs CHF 4.- / minute

#### **Medical Information / Declarations**



### Medical terms explained in multiple languages

german, English, Spanish, French, Italian, Japanese, Korean, Portuguese, Russian, Chinese, Arabic



#### Understand your doctor's findings

The interpreter explains your findings in simple terms (german)



#### Search for a doctor by place of residence

Doctors near you



#### Search for a doctor by specialty

Psychiatrists / specialists / surgeons / etc.



### Foreign-language psychotherapy

Find help in your language.

# **Contact points**

Find the right contact point, advice or authority in your area: Contact points

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