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Complementary offers

In addition to school lessons, children can benefit from additional support services in the areas of prevention, support and care. Information about the offers can be obtained from the school.

Children have different talents and interests. These can be promoted by pupils taking advantage of the offers in addition to school lessons, such as:

- Assistance with homework
- Instruction in native language and culture
- Voluntary school sports
- Music
- Supervision outside of class hours

Support and encouragement

Music school

The children can learn an instrument, take singing lessons or sing in a group. Classes are held in individual and group lessons. In a choir, orchestra or ensemble, they make music and sing together. The music school is subject to a fee.

Information about the offers can be obtained from the school or the municipal office.

> Overview of music schools in the Canton of St.Gallen

School Support / Tutoring

Children can receive additional support for school lessons with various support measures. For this purpose, there are special education offers such as speech therapy, [Integrierte schulische Förderung \(ISF\)](#) ([? One-on-one support in the classroom by a special education teacher](#)) or the promotion of giftedness.

However, there are also children for whom this is not enough. Then it is possible to teach these children in a [Kleinklasse](#) ([? Small class for students with learning disabilities who need more support](#)) .

The teacher will inform you if your child needs additional support. You will discuss together how your child can be supported in addition to the classroom lessons. Special education measures for your child do not cost extra.

> leaflet in German

Nurturing talent

Clubs and institutions support children in various areas such as **sports or music**. These courses take place after school lessons.

There are **talent schools** for young people with special talents in sports, music or design. These can be attended at the [Sekundarstufe I](#) ([? High School Level for 7th-9th Grade](#)) .

> List of talent schools in the Canton of St.Gallen

HSK: Instruction in the native language

At school, the children speak German. To ensure that your child can also deepen their mother tongue, there are special courses for this. The [HSK-Unterricht](#) ([🔗 Lessons in local language and culture](#)) are a supplement to the school and are also listed in the supplementary report card. Classes include 2 to 4 lessons per week, depending on the school level.

Classes are organized by associations or embassies and consulates. The children learn their mother tongue better and learn a lot about their home country. The lessons are politically and religiously neutral.

> HSK courses offered in the Canton of St.Gallen

School Social Work

School social work helps all pupils, parents or teachers with questions, problems or crises. The school social work office is usually located in the school building. The consultation is free of charge.

> Directory of School Social Work in the Canton of St.Gallen

Childcare services

Mittagstisch / Hort: supervised lunchtime

The schools offer supervised lunches, where the children are looked after over lunchtime. Everyone receives a healthy, warm and varied meal.

After the meal, the children have games and drawing materials at their disposal and they can also do homework there.

Information is available from the school office and on the school's website.

Kita: Day nursery

A daycare center (also called [Kita](#) ([🔗 Day nursery](#))) looks after children between the ages of 0 and 4 or 6 years. The facility is usually open for 11-12 hours from Monday to Friday.

The day-to-day care is structured in a regular daily routine. The children eat together and there are play and rest times.

You can find out online about a [Kita](#) ([🔗 Day nursery](#)) in the canton of St.Gallen or ask the municipal office.

 [List of childcare services in the canton of St.Gallen](#)

Day family / day care

In the day care family, one or more children are cared for in the day family's own household. This is regularly possible on an hourly, half-day or full-day basis.

The care in the day family has special strengths: The caregiver is always the same. This can create a close bond with the child. In addition, the group of children is small and the care can therefore be individually designed.

 [List of Day Family Organizations](#)

Childcare in an emergency situation

The **Swiss Red Cross (SRC) St.Gallen** will help you with childcare in an emergency situation.

Childcare will come to your home and help if:

- As a parent, you are ill, have an accident or are in hospital
- You are temporarily in a difficult situation (e.g. after childbirth, separation, pregnancy, death, etc.)

Residents of the city of St.Gallen are represented by the **children's care service of the Women's Centre**. For more information, call 071 222 04 80.

Looking for help and support?



Learning and performance deficits

Find personal help nearby.



Bullying & Cyberbullying

Find personal help nearby.



School Social Work

Contacts of school social work in the Canton of St.Gallen

Contact points

Find the right contact point, advice or authority in your area: [Contact points](#)