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Open meeting offers

Participate in social life and attend events and courses in your area.

In many places, there are opportunities for encounters that are open to everyone. These are, for example, meeting places, meeting centres, conversation groups, women's groups. These are great ways to socialize. Admission is usually free.

Find out more at the **Regional Integration Office** in your area:

	Region Linth Offers & Events
	Rhine Valley Region Offers and events in the Rhine Valley
	Region Sarganserland Werdenberg Offers and events of the Mintegra Foundation
	Region St.Gallen Offers and events of the Arge Integration
	Toggenburg Offers & Events
	Wil Offers & Events

Contact points

Find the right contact point, advice or authority in your area: [Contact points](#)